the YL lifestyle

“You were made for this”

Young Life is a non-profit outreach Christian ministry founded in 1941 by Jim Rayburn. Today Young Life has a presence in all 50 states as well as 83 countries.

Nearly dependent on volunteers, Young Life leaders devote a portion of every day to do "contact work" and be involved in their high school friends lives. TC Young Life leader Leslie Sloan is a mother of two and also works at a local advertising agency. Here is a glimpse into her everyday life as a leader for high school girls.

a day in the life....

Young Life leader

Leslie Sloan

6:30 a.m.
Before the kids wake up she takes time to pray and do a morning devotional. She gets her kids ready for school.

7:00 a.m.
If it is a Wednesday morning she leads campaigners (small group) at Panera with high school girls.

7:45 a.m.
Every day besides Wednesday she takes her kids to school. Heads to work for the day. During the day she checks in on Twitter and Facebook. She stays connected to girls by texting them or snapchatting them throughout the day.

2:45 p.m.
On Fridays she stops by TC to see students after school. She talks to girls about hanging out. Be seen and let students know we are there. Also hang up posters around the school if there will be club on Monday night.

3:20 p.m.
Heads home. Hangs out with her kids and helps them get their homework done.

5:00 p.m.
Go to the YMCA. Typically sees high school students there as well.

7:00 p.m.
Makes dinner for her family. Usually has a leader or high school student over as well.

8:30 p.m.
Help kids get ready for bed. Check back in on social media.

“When I was in college I heard of a guy that said, ‘I’m so glad Young Life walked down my hallway.’ I’ve never been able to leave that quote alone because there are high school students in every hallway and school that need to be loved and to know that there is a God who hasn’t forgotten them.”